**The medicines @ Counselling & Wellness is ideal to (not only in some cases work complementary) however to also slowly go off aliphatic hardcore (lab-mixed) medicines. Not only preventatively speaking, traditional medicines are e.g. often succesfully use or combined in cases where other medicines cannot treat those conditions, or in cases where risks (side effects) are too high etc. (Please note C&WC does not support e.g. any conversion therapies or shock therapies, because of its inhumane torture).**

**Sick notes can be written by Aluschka v Heerden (Therapeutic Practitioner Specialist (TPS), a specific service specially brought to you by the Counselling & Wellness Centre. 4 any more info/questions ETC, do not hesitate to contact Aluschka personally on**[**082 222 9896**](tel:082%20222%209896)**/ info@counsellingandwellness.co.za. (Sms's welcomed as well any time, 24 hrs weekends incl). Start enjoying the heritage of benefits of these SPECIAL treatments today, brought to you ESPECIALLY from Counselling & Wellness Centre!**